



COURTESY PHOTO

Mike McCarthy has given college prospects a means to develop during the pandemic through his M2 QB Academy.

Taking it to the next level

Football academy offers development from home

By Nathaniel Weitzer
GLOBE CORRESPONDENT

When **Austin Burton** returned to his Newton home from Purdue University early in the pandemic, he was determined to keep training and work on quarterbacking skills.

Burton, a former standout at Newton South who transferred to Purdue after three years at UCLA, worked weekly from May to early August with **Mike McCarthy**, the career passing leader at Bridgewater State who is now the owner of M2 QB Academy.

McCarthy's ability to record and break down throwing motions so young quarterbacks can improve their mechanics has become invaluable to Burton, to the point he made sure to book two sessions over winter break before heading back to college.

"I'm extremely grateful for the lessons I've learned from [McCarthy]," Burton said. "He's helped my physical skills and my mental approach to the game. What he does is unique."

McCarthy tallied more than 2,000 total yards and 41 touchdowns while leading Martha's Vineyard to a Division 3A Super Bowl appearance in 2008. He played one year at Merrimack, then transferred to Bridgewater State, where he started every game for four years. He spent a year with the Geneva Seahawks in Switzerland, and played for the New Hampshire Brigade in the CAN-AM Indoor Football League before a shoulder injury ended his career.

Now a physical education teacher at Plymouth North, McCarthy dove into coaching in 2014 and started a private training service that eventually blossomed into M2 QB Academy by 2018.

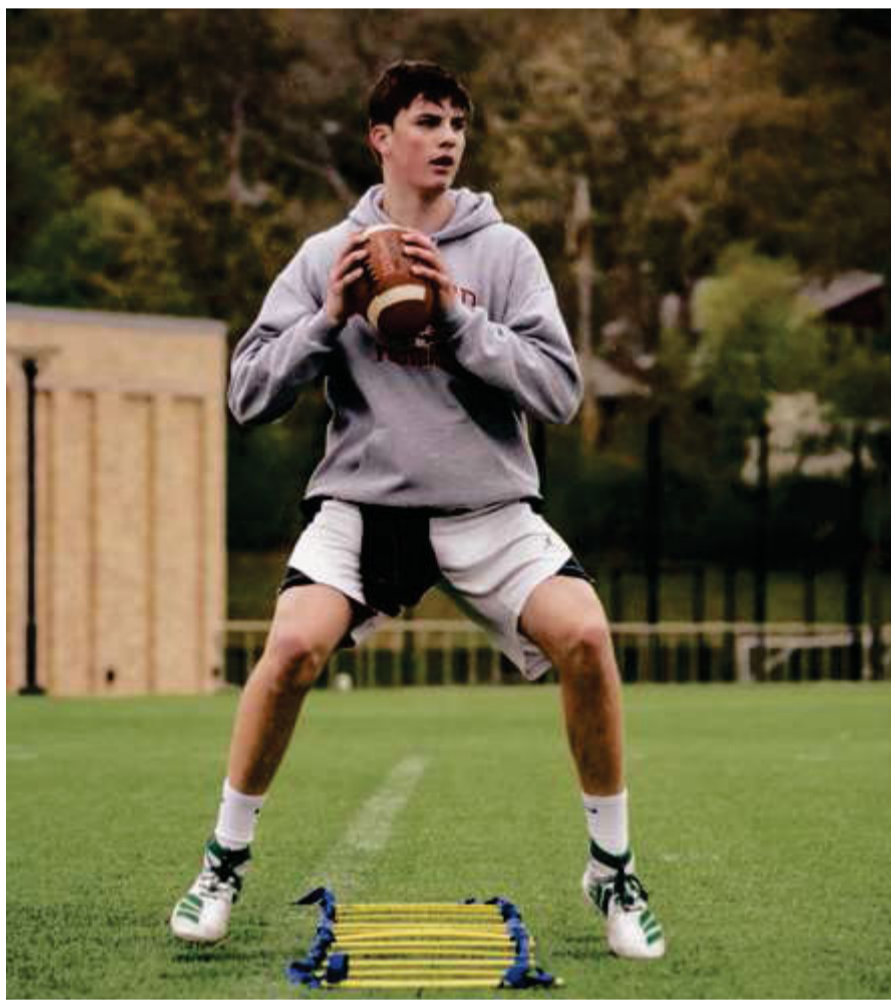
His program focuses on training quarterbacks to adjust to defensive pressure by throwing off balance or using different arm angles. With fewer college camps or options to train during the pandemic, M2 has grown with more than 200 quarterbacks, receivers, and linemen participating this past year, according to McCarthy.

Training at M2 has served as a springboard for the success of local prospects, including Milford senior **Brady Olson**.

Olson stood 6 feet 1 inch and weighed 150 pounds when he began working with McCarthy last February but has grown into a 6-4, 195-pound frame. He learned the position from his uncles, **Dale** and **Dana Olson**, but reached another level thanks to McCarthy's creative training regimens, earning 13 collegiate offers before officially signing with UMass on Dec. 16.

"We wanted our nephew to get coached and yelled at by someone other than his uncles," said Dana Olson, the former Millis head coach who is an assistant for his twin, Dale, at Milford. "We liked what [McCarthy] is doing from a coaching standpoint, and he's in it for the right reasons, whereas it can be a money grab for a lot of guys."

In addition to sharing his passion for quarterbacking, McCarthy said he wants his academy to keep New England pros-



COURTESY PHOTO

Milford senior quarterback Brady Olson, who has committed to UMass, has improved his skill level while working out with help from M2 QB Academy.

pects on the national radar.

A shorter training season can hurt recruitment for QBs in the Northeast, but Burton, **Jake Willcox** (Everett/Milton Academy/Brown), **Luke MacPhail** (Dexter Southfield/Syracuse), and **Andrew Landry** (Newton North/Boston College) have found success at the collegiate level and returned to work out with M2. "We're competing against the rest of the nation for scholarships," McCarthy said. "Being from the Northeast and having cold winters, we are at a disadvantage, so we try to level the playing field and show that we're working year-round, because we have guys that can play."

Those college QBs are setting a benchmark for young prospects, such as Reading's **James Murphy** and Milton Academy's **Jake Holtschlag**.

"Being able to learn from Austin Burton has been crazy," said Holtschlag, a 6-4 junior from Hingham.

"We're always learning and competing, but it's not cutthroat. You really develop a bond with those guys and the individual training you get from Mike [McCarthy] is incredible. You just can't get that much attention to detail on your fundamentals during a season."

McCarthy takes little credit for the initial success of those older QBs, but his program is helping them stay sharp.

"We didn't mold these guys. That was all them," McCarthy said. "But it's huge toward the community we're trying to build. These younger guys are a part of the process now and those are the guys the next group will look up to in five years."

Taking note

■ **Joanel Agüero**, a nationally-ranked football prospect from Lynn and mem-

ber of St. John's Prep's 2019 Super Bowl team, recently accepted a full scholarship to IMG Academy in Florida, where he will compete for the program's elite national team.

Prep coach **Brian St. Pierre** called Agüero the best player in New England as a sophomore, saying, "He's as good a safety as I've ever seen at the high school level."

The 6-foot, 185-pound Agüero moved to Florida in late December and will work with trainers until IMG training camp begins in July.

■ Barnstable, Sandwich, and Falmouth have paused winter sports activities with a plan to resume on Jan. 11. Reading has put an indefinite pause on winter sports.

■ Saugus hired **William Cahill** and **Joseph Bertrand** as co-head coaches for the varsity boys' basketball team after Joseph's father, **Mark**, died unexpectedly.

■ Needham named **Rich Raymond** baseball coach.

■ Ursuline hired 2015 graduate and former Assumption star **Morgan O'Donnell** as girls' basketball coach.

■ The following athletes recently announced or formalized their college commitments:

Basketball: **Holt Bashinsky**, Winchendon (NYU); **Jake Gomez**, Weymouth (Suffolk)

Field hockey: **Alison Michalik**, Quabbin (Saint Joseph's of Maine)

Football: **Domenic DeCrescenzo**, Reading (Tufts); **Seamus Foley**, St. Sebastian's (Union); **Will McKay**, Tewksbury (Springfield); **Wesley McQuillan**, Dighton-Rehoboth (Assumption); **Ryne Rametta**, Tewksbury (Husson)

Lacrosse: **Will Nolan**, Duxbury (Bentley)

Scoreboard

	MON 1/4	TUE 1/5	WED 1/6	THU 1/7	FRI 1/8	SAT 1/9	SUN 1/10
	TOR 7:30 NBCSB*						
			MIA 7:30 ESPN, NBCSB			WAS 7:30 NBCSB	MIA 7:00 NBATV, NBCSB

Home games shaded
On the radio, unless noted: Celtics, WBZ-FM 98.5
For updated scores: bostonglobe.com/sports
*—at Tampa

ON THE AIR

7:30 p.m. Boston at Toronto NBCSB
8 p.m. Dallas at Houston NBATV

MEN'S COLLEGE BASKETBALL

5 p.m. Presbyterian at UNC Asheville ESPNU
7 p.m. Howard at Norfolk St. ESPNU
8 p.m. Maryland at Indiana Big Ten
9 p.m. Colorado St. at San Diego St. FS1
9 p.m. Jackson St. at Alabama St. ESPN
9 p.m. Texas Southern at Southern ESPN

WOMEN'S COLLEGE BASKETBALL

1 p.m. Delaware at Northeastern NESN
4 p.m. LSU at Mississippi SEC
6 p.m. Penn State at Ohio State Big Ten
7 p.m. Indiana at Maryland ESPN2
7 p.m. South Carolina at Alabama SEC

WORLD JUNIOR MEN'S HOCKEY

6 p.m. Semifinal: Canada-Russia NHL
9:30 p.m. Semifinal: US-Finland NHL

MEN'S SOCCER

3 p.m. Premier: Liverpool at Southampton NBCSN

Schedule subject to change

Colleges

BASKETBALL

At Raleigh, N.C.
BOSTON COLLEGE (4-4) — Ford 2-6 3-6 7, Soule 5-10 4-6 14, Garraud 1-4 0-0 3, Dickens 2-12 0-4, Swartz 5-16 1-2 14, Lacey 0-2 0-0, Ivey 0-2 2-2, Batts 1-5 2-3, Vantimmeren 4-10 0-0 10. Totals 20-67 11-18 57.

NORTH CAROLINA STATE (10-0) — Jones 3-8 0-0 6, Cuanne 9-9 6-8 24, Crutchfield 2-5 0-0 4, Brown-Turner 5-12 1-2 3, Perez 7-11 0-0 16, Bryant 0-0 0-0 0, Demeke 0-1 0-0 0, Rice 0-1 0-0 0, Waggoner 0-0 0-0 0, Sutphin 0-1 2-1 2, Hobby 1-2 0-0 2, Boyd 3-7 4-5 10. Totals 30-56 12-17 76.

At Philadelphia
North Carolina State, 38-29, 3-pt. goals: BC 6-22 (Garraud 1-2, Dickens 0-5, Swartz 3-8, Lacey 0-1, Ivey 0-2, Vantimmeren 2-4), NCSU 4-15 (Jones 0-2, Crutchfield 0-2, Brown-Turner 2-6, Perez 2-4, Demeke 0-1). Rebounds: BC 34 (Ford 7), NCSU 42 (Cuanne, Boyd 8). Assists: BC 7 (Garraud, Dickens 2), NCSU 17 (Perez 9). Fouls: BC 21, NCSU 17.

Massachusetts, 78-61

At Philadelphia
MASSACHUSETTS (6-1) — Sims 7-11 1-2 15, Breen 9-19 6-8 25, Taylor 1-8 4-4 7, Philyox 1-4 6-6 9, Mayo 6-7 0-0 13, Whitcomb 1-1 0-0 2, Lowery 1-4 0-1 3, Oliver 2-5 0-4. Totals 28-61 17-23 78.

LA SALLE (3-5) — H.Hill 2-4 3-4 7, A.Jacobs 3-11 0-0 8, K.Hill 4-8 0-0 11, Masciantonio 4-10 2-2 12, C.Jacobs 5-17 5-5, Haynes 0-1 0-4 0, King 0-0 0-0 0, Kozicki 0-1 0-0 0, Richardson 0-0 0-0 0, Adams 1-2 0-0 2, Lewis 3-6 0-0 6. Totals 22-60 10-12 61.

At Philadelphia
Halftime: Massachusetts, 36-34. 3-pt. goals: UMass 5-21 (Breen 1-5, Taylor 1-8, Philyox 1-2, Mayo 1-2, Lowery 1-4), LaSal 7-31 (H.Hill 0-1, A.Jacobs 2-9, K.Hill 3-4, Masciantonio 2-7, C.Jacobs 0-6, Haynes 0-1, Lewis 0-3). Rebounds: UMass 42 (Breen 13), LaSal 32 (H.Hill, C.Jacobs 5). Assists: UMass 17 (Philyox 10), LaSal 17 (A.Jacobs 6). Fouls: UMass 15, LaSal 24.

Minnesota, 77-60

At Minneapolis
OHIO STATE (8-3) — Young 1-5 2-2 5, Sueing 2-6 2-2 6, Liddell 3-11 4-6 10, Walker 0-5 2-2 2, Washington Jr. 7-12 2-2 21, Sotos 0-0 0, Towns 0-3 1-2 1, Jallow 1-3 0-0 2, Ahrens 1-4 1-2 4, Key 2-5 0-1 4, Brown III 2-5 1-2 5. Totals 19-61 15-21 60.

MINNESOTA (10-2) — Johnson 1-3 0-0 2, Robbins 7-13 12-17 27, Gach 4-10 0-10, Kalscheur 5-9 0-0 13, Carr 3-12 8-11 15, Conroy 0-0 0-0 0, Curry 0-1 0-0 0, Freeman 0-0 0-0 0, Innen 0-1 0-0 0, Mitchell 0-0 0-0 0, Williams 0-1 0-1 0, Mashburn Jr. 4-5 0-0 10. Totals 24-55 20-29 77.

Halftime: Minnesota, 43-37. 3-pt. goals: OhioSt 7-27 (Young 1-1, Sueing 0-3, Liddell 0-3, Washington Jr. 5-7, Sotos 0-2, Towns 0-2, Jallow 0-2, Ahrens 1-4, Brown III 0-3), Minn 9-22 (Johnson 1-4, Robbins 1-4, Gach 2-5, Kalscheur 3-6, Carr 1-3, Innen 0-1, Mashburn Jr. 2-2). Rebounds: OhioSt 39 (Liddell, Ahrens 7, Minn 41 (Robbins 14). Assists: OhioSt 11 (Sueing 3), Minn 15 (Robbins 4). Fouls: OhioSt 19, Minn 20.

New Hampshire, 62-58

At Orono, Maine
NEW HAMPSHIRE (4-3) — Martinez 9-16 3-5 23, Mattos 3-7 0-0 6, N.Johnson 1-3 3-5, Maultsby 2-6 2-5 6, Tchoukuengu 1-6 5-5 7, McCurg 0-1 0-0 0, Payne 0-0 0-0 0, Lester 1-3 2-4, Murphy 3-8 5-8 11. Totals 20-48 20-28 62.

MAINE (1-4) — Larsson 1-4 1-2 3, Ingo 4-8 2-6 10, Schildroth 2-4 0-0 6, DuHart 3-9 0-1 7, Wright-McLeish 5-6 0-0 12, Radakovic 0-1 0-0 0, Ilyumyade 0-4 1-2 1, Adetogun 1-5 0-0 2, Turgut 1-2 0-0 2, Okoh 1-1 2-4 5, Yagodin 3-4 1-2 10. Totals 21-48 7-17 58.

Halftime: New Hampshire, 30-29. 3-pt. goals: UNH 2-11 (Martinez 2-6, Maultsby 0-2, Lester 0-1, Murphy 0-2), Maine 9-22 (Larsson 0-1, Schildroth 2-4, DuHart 1-4, Wright-McLeish 2-3, Ilyumyade 0-1, Adetogun 0-2, Turgut 0-1, Okoh 1-1, Yagodin 3-4). Rebounds: UNH 30 (Martinez 7), Maine 33 (Ingo 17). Assists: UNH 8 (Tchoukuengu 4), Maine 14 (Schildroth, Adetogun 3). Fouls: UNH 17, Maine 26.

Northeastern, 66-58

At Boston
ELON (3-3) — Hannah 2-3 0-1 5, Woods 3-6 3-4 10, Wooten 3-10 0-0 7, Muggill 1-1 2-12 10, McIntosh 0-1 0-0 17, Michael 0-2 0-0, Burford 1-1 0-0 2, Wright 0-1 2-2, Poser 2-8 1-2 5. Totals 21-55 11-18 58.

NORTHEASTERN (3-5) — Stucke 2-4 0-6, Walters 5-10 3-15 20, Wooten 7-13 1-12 17, Telford 4-12 2-10, Walker 7-15 2-4 17, Cubrilo 0-0 0-0 0, Nwagha 0-0 0-0 0, Emanga 0-2 1-2 1. Totals 25-56 9-14 66.

Halftime: Northeastern, 35-25. 3-pt. goals: Elon 5-20 (Hannah 1-1, Woods 1-4, Wooten 1-7, Nduga 1-2, McIntosh 1-5, Wright 0-1), NE 7-25 (Stucke 2-4, Walters 2-5, Strong 2-6, Telford 0-5, Walker 1-4, Emanga 0-1). Rebounds: UNH 30 (Martinez 7), Maine 33 (Ingo 17). Assists: UNH 8 (Tchoukuengu 4), Maine 14 (Schildroth, Adetogun 3). Fouls: UNH 17, Maine 26.

How AP Top 25 Fared

1. Stanford beat Arizona St., 68-60
3. N.C. St. beat Boston College, 76-57
6. Arizona beat California, 69-33
8. Oregon lost to 11. UCLA, 73-71
9. Texas A&M beat Florida, 92-67
10. Mississippi beat Missouri, 91-88
12. Mss. St. lost to 13. Kntck, 92-86 (OT)
15. Wake Forest lost to 16. Michgn, 84-63
19. Texas beat Iowa State, 74-59
25. Michigan St. beat Purdue, 71-64

New England

Binghamton 52.....Hartford 44
Fairfield 66.....Rider 44
Maine 76.....UNH 56
Marist 69.....Quinnipiac 50
N.C. State 77.....Boston College 57
Seton Hall 77.....Providence 61
UMass Lowell 53.....La Salle 61
UMass-Lowell 53.....NJIT 47
Vermont 73.....UMBC 56

OTHER EAST
Army 72.....Colgate 53
Fordham 53.....George Washington 47
Lehigh 73.....Lafayette 65

SOUTH
Bucknell 59.....Loyola Maryland 44
Drexel 61.....Geo. Mason 57
Drexel 61.....UNCW 34
Furman 67.....Queens University 53
Georgia 76.....Auburn 44
Hofstra 75.....William & Mary 48
James Madison 85.....Dartmouth 65
Kentucky 92.....Mississippi St. 86 (OT)
Miami 80.....Clemson 71
Morgan St. 71.....Howard 58
North Alabama 75.....Kennesaw St. 70
Texas A&M 92.....Florida 67
UCF 55.....Houston 46
UNCG 69.....Converse 37

MIDWEST
Creighton 53.....Xavier 50
Dayton 44.....Duquesne 48
Iowa 107.....Illinois 68
Michigan 84.....Northwestern 63
Michigan St. 71.....Northwestern 63
Minnesota 88.....Wisconsin 83 (OT)
Nebraska 53.....Rutgers 50
North Dakota St. 93 Western Illinois 60
Notre Dame 69.....Georgia Tech 67
South Dakota 89.....Denver 74

SOUTHWEST
Arkansas 91.....Missouri 77
Texas 74.....Iowa State 70
West Virginia 90.....Oklahoma 72

WEST
Arizona 69.....California 33
No. Colorado 77.....Montana 76 (OT)
Stanford 68.....Arizona St. 60
UCLA 73.....Oregon 71
Utah 84.....Washington 61
Washington St. 70.....Colorado 63

North Carolina St., 76-57

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Michigan, 84-63

At Evanston, Ill.
MICHIGAN (7-0) — H.Brown 5-8 1-2 13, Hillmon 10-14 6-7 26, Dilk 2-4 5-6 9, Johnson 3-7 1-2 9, L.Brown 8-10 2-2 22, Rauch 0-2 0-0 0, Kiser 0-0 2-2 2, Williams 1-4 2-2 5, Ostrowski 7-14 3-6 22, Bessor 1-5 0-0 2, Brown 1-4 0-0 2, Darius 1-2 0-0 2. Totals 26-59 14-18 73.

OREGON (8-1) — Boley 4-10 1-1 10, Sabaly 4-10 4-12, Shelley 1-3 0-0 3, Mikesell 1-3 0-0 2, Paopao 8-10 0-0 0, Parrish 0-1 0-0 0, Giomi 0-1 2-1, Watson 0-1 1-2 1, Scherr 2-3 0-5 5, Dugalic 6-10 1-2 13. Totals 26-56 12-15 71.

Halftime: UCLA, 38-34. 3-pt. goals: UCLA 7-5 (L.Brown 0-2, Che 1-1, Corsaro 1-2, Osborne 5-8, Bessor 0-1, Darius 0-1), Oregon 7-22 (Boley 1-6, Sabaly 0-1, Shelley 1-3, Mikesell 1-3, Paopao 3-6, Parrish 0-1, Scherr 1-2, Dugalic 0-1). Rebounds: UCLA 35 (Oneywere 10), Oregon 33 (Dugalic 9). Assists: UCLA 14 (Osborne 4), Oregon 11 (Paopao 4). Fouls: UCLA 17, Oregon 14.

HOCKEY

MEN
NEW ENGLAND
St. Lawrence 4.....Quinnipiac 5
UMass-Lowell 5.....Maine 3

OTHER EAST
Canisius 3.....Mercyhurst 0
Clarkson 1.....Colgate 1
Niagara 7.....Air Force 2
Robert Morris 4.....RIT 3

MIDWEST
Bowling Green 2.....Ferris St. 2
Lake Superior St. 2.....Bemidji St. 2
Miami (Ohio) 5.....Western Mich. 1
Michigan Tech 2.....Ala.-Huntsville 1
Minnesota 4.....Arizona St. 1
Minnesota St. 4.....Northern Mich. 0
Penn State 1.....Michigan St. 0
St. Cloud St. 3.....Minn.-Duluth 1

UMass-Lowell, 5-3

Maine (0-2-1).....1 1 1 — 3
UML (2-1-0).....2 0 3 — 5
Scoring: UML, Charlie Leyeaque (Nolan Sawchuk, Andre Lee) 2:10; UML, Andre Lee (Nolan Sawchuk, Dominick Procopio) 4:09; Maine, Brad Morrissey (Jacob Schmidt-Sveistrup) 17:11 (pp); Maine, Ben Poisson (Donavan Villeneuve-Houle) 10:52; UML, Carl Berglund (Chase Blackmun, Ben Meehan) 1:04; UML, Andre Lee (Ben Meehan, Seth Barnton) 3:00 (pp); UML, Connor Sodergren (Ben Meehan, Andre Lee) 5:03 (pp); Maine, Emil Westerlund (Jacob Schmidt-Sveistrup, Lynden Breen) 11:58 (pp).

Saves: Maine, Mattew Thiesen 18; UML, Henry Welsch 11.

St. Lawrence, 4-2

St. Lawrc (1-0-0).....2 0 2 — 4
Quinnipiac (6-3-1).....0 0 2 — 2
Scoring: StLaw, Jordan Steinmetz (Aleksi Pelttonen, Tucker McIntosh) 1:09; StLaw, Greg Lapointe (Cameron Buhl, Tim Makowski) 12:20; Quinpc, Odeen Tufto (Zach Metsa, Peter Dilliberatore) 16:18 (pp); StLaw, Ashton Fry (Callum Cusinato, Philip Alftberg) 18:04 (en); Quinpc, Zach Metsa (Peter Dilliberatore, Odeen Tufto) 19:05; StLaw, Justin Paul (David Jankowski) 19:17 (en).

Saves: StLaw, Emil Zetterquist 37; Quinpc, Keith Petruszel 22.

WOMEN

NEW ENGLAND
Northeastern 3.....Maine 0
Quinnipiac 6.....Long Island U. 0

MIDWEST
Wisconsin 1.....Minnesota St. 0